

STMS LUNCH PROGRAM

Our lunch program goals are two-fold. At the forefront is the opportunity to provide convenience to busy parents and healthy, nourishing meals to our active students, but the added benefit is that because Spruce Tree students enjoy practical life skills curriculum to include food preparation, cooking, and baking at all levels, they will be invited to assist with lunch preparation on a rotational, regular basis. Our lunch program will supplement the elementary level cooking curriculum and provide practical application of the basic food prep skills students learn and master.

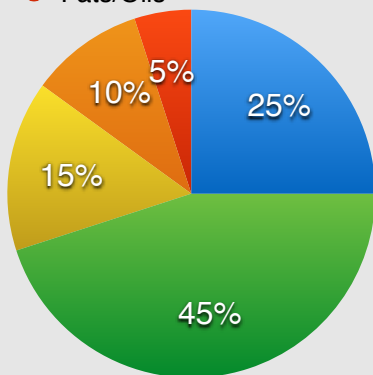
In addition, there is great opportunity to utilize garden-grown, locally sourced vegetables and meats on our menu.

Simple, homemade, delicious, whole foods will be a part of our daily menu.

Registration deadline 9/1/16 to:

SABRINA@SPRUCETREEMONTESSORI.COM

- Protein
- Vegetables/Leafy Greens
- Whole Grain/Starch
- Fruit
- Fats/Oils



SESSION 1

MONDAY - FRIDAY

\$210 / SESSION

**\$6.00 PER LUNCH INCLUDES MEAL AND MILK OR
HOMEMADE BEVERAGE, UNLIMITED SERVINGS AS
AVAILABLE, SERVED FAMILY STYLE**

\$8.00 DAILY "DROP IN" RATE



**SPRUCE TREE
MONTESSORI SCHOOL**